

# III TRAIL PADRÓN "DESAFÍO VÉRTICE" 2019

## - GENERAL TRAIL CURTO -

08 SETEMBRO 2019

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	259	FONTÁN ARNEJO , JOSE MARTÍN	MALE	ABSOLUTO		01:15:30		05:49 min/Km
2	1	229	LÓPEZ DOMÍNGUEZ , JAVIER	MALE	VET	LODEIROS TRAIL	01:20:30	+00:05:00	06:12 min/Km
3	2	249	RODRÍGUEZ FERNÁNDEZ , XOSEMARIA	MALE	VET	TRIBU TRAIL	01:22:48	+00:07:18	06:23 min/Km
4	2	235	MARTÍNEZ VARELA , ALEJANDRO	MALE	ABSOLUTO	A.D. JARNACHAS	01:30:37	+00:15:07	06:59 min/Km
5	3	227	IGLESIAS LÓPEZ , CARLOS	MALE	ABSOLUTO	CDM VÉRTICE	01:30:47	+00:15:17	06:59 min/Km
6	4	226	IGLESIAS AMORES , MIGUEL	MALE	ABSOLUTO	CLUB DEPORTIVO PINARIUM	01:30:58	+00:15:28	06:60 min/Km
7	3	223	GONZÁLEZ RODRÍGUEZ , FERNANDO	MALE	VET	INDEPENDIENTE	01:30:59	+00:15:29	06:60 min/Km
8	5	209	BRALO NIMO , ISMAEL	MALE	ABSOLUTO	TRIBU TRAIL	01:35:17	+00:19:47	07:20 min/Km
9	1	258	CASAL DOMINGUEZ , SILVIA	FEMALE	ABSOLUTO-F		01:36:19	+00:20:49	07:25 min/Km
10	4	203	ALONSO NÚÑEZ , CELSO	MALE	VET	TRIATLON BIERZO	01:37:28	+00:21:58	07:30 min/Km
11	5	213	CASAL SANTOS , MARCOS	MALE	VET	INDEPENDIENTE	01:41:31	+00:26:01	07:49 min/Km
12	6	224	GONZÁLEZ TRIÑANES , FERMIN	MALE	VET	S.D.BARBANTIA RODA	01:42:07	+00:26:37	07:52 min/Km
13	6	211	CALVO ÉZARA , ADRIÁN	MALE	ABSOLUTO	INDEPENDIENTE	01:42:09	+00:26:39	07:52 min/Km
14	7	207	BLANCO SANTOS , ESTEBAN	MALE	VET	TRIBU TRAIL	01:42:37	+00:27:07	07:54 min/Km
15	8	228	LAMAS BALBOA , OSCAR	MALE	VET		01:43:49	+00:28:19	07:60 min/Km
16	9	254	TOUCEDA ABELLEIRA , XOSE	MALE	VET	OLIVEIRA BIKE	01:46:41	+00:31:11	08:13 min/Km
17	7	217	FRAMIÑÁN LAMAZARES , CAMILO	MALE	ABSOLUTO	ATLETISMO DEZA	01:46:48	+00:31:18	08:13 min/Km
18	8	240	OLIVEROS ARRANZ , MIKELDI	MALE	ABSOLUTO	INDEPENDIENTE	01:47:06	+00:31:36	08:15 min/Km
19	10	230	LÓPEZ OUTEIRAL , JOSE CARLOS	MALE	VET	SD BARBANTIA RODA	01:48:04	+00:32:34	08:19 min/Km
20	11	201	ABAL MORRAZO , EMILIO	MALE	VET	INDEPENDIENTE	01:49:08	+00:33:38	08:24 min/Km
21	1	208	BOVEDA GONZALEZ , REYES	FEMALE	VET-F	CASTRO TRAIL	01:49:32	+00:34:02	08:26 min/Km
22	2	253	TOREA TOREA , ELENA	FEMALE	VET-F	ATLETISMO LOUSAME	01:50:19	+00:34:49	08:30 min/Km
23	12	248	RODRIGUEZ CAMBRA , DAVID	MALE	VET	ATLETISMO SALVATERRA	01:50:21	+00:34:51	08:30 min/Km
24	9	252	SSUSAVILA VILAS , HADRIÁN	MALE	ABSOLUTO	INDEPENDIENTE	01:52:42	+00:37:12	08:41 min/Km
25	13	204	BARREIRO PADIN , ALFONSO	MALE	VET	C. D. RÍA DE AROUSA	01:55:47	+00:40:17	08:55 min/Km
26	2	233	MARTÍNEZ DIESTE , PAULA	FEMALE	ABSOLUTO-F	S.D.BARBANTIA RODA	01:56:53	+00:41:23	08:60 min/Km
27	14	206	BERMEJO RUBIO , ARTURO	MALE	VET		01:57:05	+00:41:35	09:01 min/Km
28	15	220	GONZALEZ GONZALEZ , ALBERTO	MALE	VET	C.D. RIA DE AROUSA	01:59:00	+00:43:30	09:10 min/Km
29	10	239	MUÑIZ SANVICENTE , MIGUEL	MALE	ABSOLUTO	S.D. BARBARTIA RODA	01:59:00	+00:43:30	09:10 min/Km
30	3	257	BELLO NINE , ANA	FEMALE	ABSOLUTO-F	S.D. BARBANTIA RODA	02:03:36	+00:48:06	09:31 min/Km
31	3	236	MAYO PARADA , LOURDES	FEMALE	VET-F	CLUB DEPORTIVO PINARIUM	02:05:40	+00:50:10	09:40 min/Km
32	16	232	MARTINEZ BEIS , FERNANDO	MALE	VET	CLUB DEPORTIVO PINARIUM	02:05:40	+00:50:10	09:40 min/Km
33	17	205	BELLO SÁNCHEZ , MONCHO	MALE	VET	INDEPENDIENTE	02:05:41	+00:50:11	09:41 min/Km
34	4	202	AGUIN TRELLES , MARGARITA	FEMALE	VET-F		02:05:54	+00:50:24	09:42 min/Km
35	11	231	MALVAR LEITE , MANUEL	MALE	ABSOLUTO	GMTA&CHUVONERS	02:07:48	+00:52:18	09:50 min/Km

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36	12	234	MARTÍNEZ GÓMEZ , DAVID	MALE	ABSOLUTO	INDEPENDIENTE	02:07:50	+00:52:20	09:50 min/Km
37	18	216	FERNANDEZ SIEIRA , ERNESTO	MALE	VET	INDEPENDIENTE	02:10:20	+00:54:50	10:02 min/Km
38	19	212	CARREIRA NODAR , JORGE	MALE	VET	CLUB DEPORTIVO SAN PAIO	02:11:42	+00:56:12	10:08 min/Km
39	13	246	REY BLANCO , ALBERTO	MALE	ABSOLUTO		02:13:36	+00:58:06	10:17 min/Km
40	14	214	CERDEIRA BRAVO , PABLO	MALE	ABSOLUTO		02:13:40	+00:58:10	10:17 min/Km
41	20	241	OTERO DIAZ , LUIS	MALE	VET	CASTRO-TRAIL	02:16:05	+01:00:35	10:29 min/Km
42	5	244	PREGO VAZQUEZ , SILVIA MARIA	FEMALE	VET-F	RUNNING ARTEIXO	02:17:35	+01:02:05	10:35 min/Km
43	4	218	GARCIA BEIRO , CRISTINA	FEMALE	ABSOLUTO-F	PONTE TRAIL	02:19:09	+01:03:39	10:43 min/Km
44	5	245	RAMOS ONS , ANA	FEMALE	ABSOLUTO-F	PONTE TRAIL	02:19:09	+01:03:39	10:43 min/Km
45	21	221	GONZALEZ PEREIRA , JUAN CARLOS	MALE	VET	CLUB DEPORTIVO PINARIUM	02:19:18	+01:03:48	10:43 min/Km
46	22	225	HERNANDEZ PEREIRA , IAGO	MALE	VET		02:19:27	+01:03:57	10:44 min/Km
47	15	242	PALACIOS DESCALZO , CARLOS	MALE	ABSOLUTO		02:19:27	+01:03:57	10:44 min/Km
48	23	256	VELOSO MARTINEZ , IVAN	MALE	VET		02:19:28	+01:03:58	10:44 min/Km
49	6	251	SINDE CANTORNA , ANA	FEMALE	VET-F	GMTA&CHUVONERS	02:26:56	+01:11:26	11:19 min/Km
50	7	238	MIRÁS LEBORÁN , SANDRA	FEMALE	VET-F	CASTRO TRAIL	02:26:56	+01:11:26	11:19 min/Km
51	8	222	GONZALEZ PORTO , BEATRIZ	FEMALE	VET-F	ATLETISMO SALVATERRA	02:30:46	+01:15:16	11:36 min/Km
52	6	237	MENDES ALONSO , VANESSA	FEMALE	ABSOLUTO-F	INDEPENDIENTE	02:30:58	+01:15:28	11:37 min/Km
53	9	210	CAJUSO BARBAZAN , CHEFA	FEMALE	VET-F	CLUB ATLETISMO NEGREIRA	02:32:47	+01:17:17	11:46 min/Km
54	7	219	GARCÍA LUEIRO , CRISTINA	FEMALE	ABSOLUTO-F	CLUB TRIATLÓN CERVECERÍA O COTON	02:32:47	+01:17:17	11:46 min/Km
55	10	255	VARELA GARCÍA , NÉLIDA	FEMALE	VET-F	CASTRO TRAIL	02:33:14	+01:17:44	11:48 min/Km
56	24	247	RIVAS RÍO , AGUSTIN	MALE	VET	CDM VÉRTICE	02:36:49	+01:21:19	12:04 min/Km
57	25	243	PEREZ RIAL , DAVID	MALE	VET		02:36:49	+01:21:19	12:04 min/Km