

VII MARATÓN POR MONTAÑA ACAMELIA 2023

- GENERAL MARATON 42K -

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CAT	CLUB	CONTROL KM21	META	DIF 1º	RITMO
1	1	36	SANGIAO DARRIBA , IVÁN	MALE	ABS-M	GTR - GALAICO TRAIL RUN	02:12:30	04:14:57		06:05 min/Km
2	2	37	SANTIAGO , JOSE	MALE	ABS-M	OS CORZOS DO ORTEGAL	02:09:32	04:16:28	+00:01:31	06:07 min/Km
3	3	23	LORENZO BLANCO , CARLOS	MALE	ABS-M	CDM VERTICE	02:09:50	04:16:46	+00:01:49	06:07 min/Km
4	4	42	TUÑAS GONZÁLEZ , ROBERTO	MALE	ABS-M	CDM VERTICE	02:09:06	04:22:46	+00:07:49	06:16 min/Km
5	1	28	MONTILLA FERNANDEZ , EMILIO	MALE	VET-M	CASTRO TRAIL	02:21:45	04:32:58	+00:18:01	06:30 min/Km
6	5	3	BARREIO VÁZQUEZ , RAMÓN	MALE	ABS-M	CDM VERTICE	02:23:13	04:40:11	+00:25:14	06:41 min/Km
7	6	2	ALVAR LÓPEZ , PABLO	MALE	ABS-M	INDEPENDIENTE	02:21:06	04:42:06	+00:27:09	06:43 min/Km
8	7	18	GOMEZ , MANU	MALE	ABS-M	+ D MONTE	02:23:45	04:46:52	+00:31:55	06:50 min/Km
9	8	11	CRESPO FERREIROA , AGUSTÍN	MALE	ABS-M	GTR - GALAICO TRAIL RUN	02:29:58	05:02:04	+00:47:07	07:12 min/Km
10	2	35	RODRÍGUEZ FERNÁNDEZ , JULIO	MALE	VET-M	TRIBU TRAIL	02:34:34	05:11:02	+00:56:05	07:25 min/Km
11	3	39	SILVA , FEDERICO	MALE	VET-M		02:37:45	05:13:32	+00:58:35	07:28 min/Km
12	9	15	FREIRE OTERO , DAVID	MALE	ABS-M		02:38:03	05:14:00	+00:59:03	07:29 min/Km
13	1	31	POMBO MOURELOS , MARÍA DEL CARMEN	FEMALE	ABS-F	CDM VERTICE	02:43:38	05:20:41	+01:05:44	07:39 min/Km
14	10	26	MOLDES FERNANDEZ , DIEGO	MALE	ABS-M	ASESOU	02:40:55	05:24:23	+01:09:26	07:44 min/Km
15	11	38	SEXTO AGUIAR , JAVIER	MALE	ABS-M	AD JARNACHAS	02:42:18	05:28:14	+01:13:17	07:49 min/Km
16	12	10	CES CRISTOBO , MANUEL	MALE	ABS-M	TRIBU TRAIL	02:43:11	05:36:42	+01:21:45	08:01 min/Km
17	4	44	VIEITES RODRÍGUEZ , MANUEL	MALE	VET-M	OS ESFOLA ARRÓS	02:39:22	05:42:09	+01:27:12	08:09 min/Km
18	2	41	TRILLO , CARLA	FEMALE	ABS-F	PEÑA LAR TRAIL	02:57:25	05:48:09	+01:33:12	08:18 min/Km
19	13	5	BLANCO SANTOS , ESTEBAN	MALE	ABS-M	TRIBU TRAIL	02:52:05	05:48:46	+01:33:49	08:19 min/Km
20	14	1	ALONSO FERNANDEZ , SAMUEL	MALE	ABS-M	GRUPO CUEVAS NOGUEIRA TRAIL	02:40:27	05:50:59	+01:36:02	08:22 min/Km
21	15	19	GONZÁLEZ FRAGA , OSCAR	MALE	ABS-M	PEÑA LAR TRAIL	02:47:11	05:52:26	+01:37:29	08:24 min/Km
22	5	4	BESTEIRO DONO , JUAN	MALE	VET-M	INDEPENDIENTE	03:01:03	05:55:42	+01:40:45	08:29 min/Km
23	16	24	MARQUE RUIBAL , JOSE ANTONIO	MALE	ABS-M	CDM VERTICE	02:44:19	05:58:59	+01:44:02	08:33 min/Km
24	6	22	LÓPEZ DOCOBO , IVÁN	MALE	VET-M	ATLETISMO LOURENZÁ	02:57:44	06:00:17	+01:45:20	08:35 min/Km
25	7	12	DOMINGUEZ DE LA FUENTE , MANUEL	MALE	VET-M	GRUPO CUEVAS NOGUEIRA TRAIL	02:56:14	06:01:33	+01:46:36	08:37 min/Km
26	17	33	QUEIRUGA PIÑEIRO , JUAN	MALE	ABS-M	INDEPENDIENTE	03:01:03	06:04:41	+01:49:44	08:41 min/Km
27	3	17	GARCÍA RODRÍGUEZ , TAMARA	FEMALE	ABS-F	GTR - GALAICO TRAIL RUN	03:14:09	06:05:13	+01:50:16	08:42 min/Km
28	18	20	IGLESIAS MIRAGAYA , CARLOS ALBERTO	MALE	ABS-M	INDEPENDIENTE	03:09:29	06:31:51	+02:16:54	09:20 min/Km
29	19	43	VARELA AMIGO , JUAN JESÚS	MALE	ABS-M	GTR - GALAICO TRAIL RUN	03:06:40	06:46:54	+02:31:57	09:42 min/Km
30	8	34	RODILES RIOS , ALBERTO	MALE	VET-M		03:19:29	06:48:18	+02:33:21	09:44 min/Km
31	9	9	CARTER , BENJAMIN	MALE	VET-M	CDM VERTICE	03:23:10	06:58:37	+02:43:40	09:59 min/Km
32	10	13	FERNÁNDEZ PÉREZ , RAÚL	MALE	VET-M	INDEPENDIENTE	03:25:47	07:01:55	+02:46:58	10:03 min/Km

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33	11	46	VILLARES , CARLOS	MALE	VET-M	PEÑA LAR TRAIL	03:27:32	07:06:23	+02:51:26	10:10 min/Km
DNF		29	PAZÓ GIRALDEZ , DANIEL	MALE	ABS-M		02:09:26			
DNF		32	PUENTE ROCA , EMILIO	MALE	VET-M	CD 21 LEGUAS	03:39:37			
DNF		16	GARCIA ESMORIS , JOSÉ LUIS	MALE	VET-M	INDEPENDIENTE	03:46:55			
DNF		8	CARREIRA NODAR , JORGE	MALE	VET-M	CLUB DEPORTIVO SAN PAIO	03:57:31			
DNF		7	CAPELO RIOS , MANUEL	MALE	VET-M	PONTEPICOSTRAIL	04:06:11			